

NAPOLEON B. HIGGINS, JR., MD

President and CEO

Bay Pointe Behavioral Health Service, Inc.

South East Houston Research Group, Inc.

Houston, Texas

Dr. Napoleon Higgins is a child, adolescent and adult psychiatrist in Houston, Texas. He is the owner of Bay Pointe Behavioral Health Services and Kaleidoscope Clinical Research.

Dr. Higgins received his MD from Meharry Medical College in Nashville, Tennessee, and he completed his residency in Adult Psychiatry and his fellowship in Child and Adolescent Psychiatry at University of Texas Medical Branch at Galveston. He is the Executive Director of the Black Psychiatrists of America, CEO of Global Health Psychiatry, President of the Black Psychiatrists of Greater Houston, Psychiatry Section Chair of the National Medical Association, and Past President of the Caucus of Black Psychiatrists of the American Psychiatric Association

Dr. Higgins is co-author of ***Bree's Journey to Joy: A Story about Childhood Grief and Depression***, ***How Amari Learned to Love School Again: A Story about ADHD***, ***Mind Matters: A Resource Guide to Psychiatry for Black Communities*** and author of ***Transition 2 Practice: 21 Things Every Doctor Must Know In Contract Negotiations and the Job Search***. He also specializes in nutrition and health to improve patients' lives mentally and physically. He emphasizes that good mental and physical health are key in the practice of psychiatry and medicine.

Dr. Higgins has worked with and founded many programs that help to direct inner-city young men and women to aspire to go to college and finish their educational goals. He has worked with countless community mentoring programs and has special interest in trauma, racism, and inner-city issues and how they affect minority and disadvantaged children and communities.